

## + Section G +

### Santa Clara County Public Health (Middle School)

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*This section contains questions about health-related behaviors and attitudes. Although some of the questions in this section may be similar to questions asked in the previous section, they are different.*

**The first few questions deal with the use of alcohol and other drugs and about behavior relating to safety. Please answer all questions. Even if you have never tried alcohol or drugs, you will be able to answer that you never used.**

G1. How old were you when you had your first drink of alcohol other than a few sips?

- |  |                          |
|--|--------------------------|
| A) I have never had a drink of alcohol other than a few sips | E) 11 years old          |
| B) 8 years old or younger                                    | F) 12 years old          |
| C) 9 years old   | G) 13 years old          |
| D) 10 years old  | H) 14 years old or older |

G2. How old were you when you tried marijuana for the first time?

- |                                 |                          |
|---------------------------------|--------------------------|
| A) I have never tried marijuana | E) 11 years old          |
| B) 8 years old or younger       | F) 12 years old          |
| C) 9 years old                  | G) 13 years old          |
| D) 10 years old                 | H) 14 years old or older |

*During the past 12 months, how many times have you...*

	0 times	1 time	2 or 3 times	4 or more times
G3. Been in a physical fight?	A	B	C	D
G4. Been in a physical fight in which you were injured and had to be treated by a doctor or nurse?	A	B	C	D

G5. During the past **30 days**, how many times did you **ride** in a car or other vehicle **driven by someone who had been drinking alcohol**?

- A) Never (0 times)
- B) 1 time
- C) 2 or 3 times
- D) 4 or 5 times
- E) 6 or more times

G6. If you bought cigarettes in a store during the past **30 days**, were you ever asked to show proof of your age?

- A) I never bought cigarettes
- B) No
- C) Yes

**The next questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.**

G7. During the past **12 months**, did you ever **seriously** consider attempting suicide?

- A) No
- B) Yes

G8. During the past **12 months**, did you make a plan about how you would attempt suicide?

- A) No
- B) Yes

G9. During the past **12 months**, how many times did you actually attempt suicide?

- A) 0 times
- B) 1 time
- C) 2 or 3 times
- D) 4 or more times

**These questions are about physical activity, diet, and general health.**

G10. Which of the following are you trying to do about your weight?

- A) Lose weight
- B) Gain weight
- C) Stay the same weight
- D) I am not trying to do anything about my weight

*During the past 30 days, did you do any of the following things to lose weight or to keep from gaining weight?*

	No	Yes
G11. Exercise	A	B
G12. Eat less food, fewer calories, or foods low in fat	A	B
G13. Take any diet pills, powders, or liquids without a doctor's advice (Do not include meal replacement products, such as Slim Fast.)	A	B
G14. Vomit or take laxatives	A	B

G15. How do **you** describe your weight?

- A) Very underweight
- B) Slightly underweight
- C) About the right weight
- D) Slightly overweight
- E) Very overweight

G16. During the past 12 months, have you ever had an episode of asthma or an asthma attack?

- A) No
- B) Yes

G17. During the past 12 months, have you been to the emergency room or stayed overnight in the hospital because of a cough, chest tightness, trouble breathing or wheezing?

- A) No
- B) Yes

G18. During the past 30 days, about how many nights did you wake up because of a cough, chest tightness, trouble breathing, or wheezing when you did not have a cold or flu?

- A) Never
- B) 2 nights in the last 30 days
- C) 3 or 4 nights in the last 30 days
- D) More than 4 nights in the last 30 days but not every night
- E) Every night or almost every night

G19. On an average school day, how many hours do you watch TV or play video games?

- A) I do not watch TV or play video games during an average school day
- B) Less than 1 hour
- C) 1 hour
- D) 2 hours
- E) 3 hours
- F) 4 hours
- G) 5 or more hours

G20. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- |           |           |
|-----------|-----------|
| A) 0 days | D) 3 days |
| B) 1 day  | E) 4 days |
| C) 2 days | F) 5 days |

G21. How often do you wear a seat belt when **riding in** a car driven by someone else?

- A) Never
- B) Rarely
- C) Sometimes
- D) Most of the time
- E) Always

G22. When you rode a bicycle during the **past 12 months**, how often did you wear a helmet?

- A) I did not ride a bicycle during the past 12 months
- B) Never wore a helmet
- C) Rarely wore a helmet

- D) Sometimes wore a helmet
- E) Most of the time wore a helmet
- F) Always wore a helmet

G23. During the past **12 months**, did you have a regular check up with a doctor when you were not sick or injured?

- A) No
- B) Yes

G24. During the past **12 months**, did you visit a dentist for an examination, teeth cleaning or dental work?

- A) No
- B) Yes

**These questions deal with sexual behavior. Please answer all questions whether or not you have ever had sexual intercourse. For each question you will be able to answer you never had sexual intercourse.**

G25. How old were you when you had sexual intercourse for the first time?

- |  |                          |
|--|--------------------------|
| A) I have never had sexual intercourse | E) 11 years old          |
| B) 8 years old or younger              | F) 12 years old          |
| C) 9 years old                         | G) 13 years old          |
| D) 10 years old                        | H) 14 years old or older |

G26. The **last time** you had sexual intercourse did you or your partner use a condom?

- A) I have never had sexual intercourse
- B) No
- C) Yes

G27. How likely do you think it is that you will choose to have sexual intercourse one or more times in the next year?

- A) I am sure it will not happen
- B) It probably will not happen
- C) There is an even chance (50-50) that it will or won't happen
- D) It probably will happen
- E) It will happen for sure

G28. Have you **ever** been forced to have sexual intercourse when you did not want to?

- A) No
- B) Yes

**The following questions are about tobacco use, attitudes, and your experiences with tobacco education at school.**

G29. During the past **30 days**, on how many days did you smoke cigars, cigarillos, or little cigars?

- A) 0 days
- B) 1 to 2 days
- C) 3 to 5 days
- D) 6 to 9 days
- E) 10 to 19 days
- F) 20 to 30 days

G30. During the past **30 days**, on the days you smoked, how many cigarettes did you smoke **per day**?

- A) I did not smoke cigarettes during the past 30 days
- B) Less than 1 cigarette per day
- C) 1 cigarette per day
- D) 2 to 5 cigarettes per day
- E) 6 to 10 cigarettes per day
- F) 11 to 20 cigarettes per day
- G) More than 20 cigarettes per day

G31. During the **past 12 months**, did you ever try to quit smoking cigarettes?

- A) I did not smoke during the past 12 months
- B) Yes
- C) No

G32. If you smoked cigarettes during the past **30 days**, how did you **usually** get them? (**Select only one response**)

- A) I did not smoke cigarettes in the past 30 days
- B) I bought them in a store such as a convenience store, supermarket, or gas station
- C) I bought them from a vending machine
- D) I gave someone else money to buy them for me
- E) I borrowed them from someone else
- F) I stole them
- G) A friend gave them to me
- H) Other people gave them to me
- I) I got them some other way